

Letter from physician: Medical Travel Needs

Re: _____

Date: _____

To whom it may concern:

_____ is a patient under my care for the management of hypocalcemia due to hypoparathyroidism, a rare disorder that occurs when the parathyroid glands in the neck are absent or damaged and are unable to produce enough parathyroid hormone to keep the body's calcium in balance. Not having enough parathyroid hormone can interfere with certain functions of a person's organs.

As a part of the treatment plan, this patient must administer a daily injection of NATPARA® (parathyroid hormone) for injection. NATPARA is a prescription parathyroid hormone used with calcium and vitamin D to control low blood calcium (hypocalcemia) in people with low parathyroid hormone blood levels (hypoparathyroidism). It is only for people who do not respond well to treatment with calcium and active forms of vitamin D alone, because it may increase the possible risk of bone cancer (osteosarcoma).

NATPARA was not studied in people with hypoparathyroidism caused by calcium-sensing receptor mutations. NATPARA was not studied in people who get sudden hypoparathyroidism after surgery. It is not known if NATPARA is safe and effective for children 18 years of age and younger. NATPARA should not be used in children and young adults whose bones are still growing.

NATPARA may cause serious side effects, including possible bone cancer (osteosarcoma). During animal drug testing, NATPARA caused some rats to develop a bone cancer called osteosarcoma. It is not known if people who take NATPARA will have a higher chance of getting osteosarcoma. Tell your doctor right away if you have pain in any areas of your body that does not go away, or any new or unusual lumps or swelling under your skin that is tender to touch.

It is medically necessary for this patient to carry some of all of the following medication supplies:

- | | |
|--|---|
| <input type="checkbox"/> Cartridges of NATPARA | <input type="checkbox"/> Alcohol swabs |
| <input type="checkbox"/> Q-Cliq™ pen | <input type="checkbox"/> Sharps container for safe disposal of needles |
| <input type="checkbox"/> Mixing Device | <input type="checkbox"/> Ice or ice packs to keep NATPARA medicine Prefilled Pens at their required temperature (between 36°F to 46°F [2°C to 8°C]) during travel |
| <input type="checkbox"/> 31G x 8 mm BD Ultra-Fine™ Pen Needles | |

Please see Important Safety Information on page 2.
Please see [Full Prescribing Information](#), [Medication Guide](#), and [Instructions for Use](#) for NATPARA.

 **Natpara**®
(parathyroid hormone)
for Injection
25 • 50 • 75 • 100 mcg per dose strength

Important Safety Information

What is the most important information I should know about NATPARA?

Warning: Possible bone cancer (osteosarcoma).

- During animal drug testing, NATPARA caused some rats to develop a bone cancer called osteosarcoma. It is not known if people who take NATPARA will have a high chance of getting osteosarcoma. Tell your doctor right away if you have pain in any areas of your body that does not go away, or any new or unusual lumps or swelling under your skin that is tender to touch.
- **NATPARA is only available through the NATPARA Risk Evaluation and Mitigation Strategy (REMS) Program.** The purpose of the NATPARA REMS Program is to inform patients about the potential risk of osteosarcoma associated with the use of NATPARA. For more information about this REMS program, call 1-855-NATPARA (628-7272) or go to www.NATPARAREMS.com.

NATPARA may cause serious side effects, including:

High blood calcium (hypercalcemia)

- NATPARA can cause some people to have a higher blood calcium level than normal.
 - Your doctor should check your blood calcium before you start and during your treatment with NATPARA.
 - Tell your doctor if you have nausea, vomiting, constipation, low energy, or muscle weakness. These may be signs that you have too much calcium in your blood.

Tell your doctor right away if you have any of these signs and symptoms of **high or low blood calcium** levels.

Low blood calcium (hypocalcemia)

- People who stop using or miss a dose of NATPARA may have an increased risk of severe low blood calcium levels.
- Tell your doctor if you have tingling of your lips, tongue, fingers and feet, twitching of face muscles, cramping of feet and hands, seizures, depression, or have problems thinking or remembering.

Who should not use NATPARA?

- **Do not use NATPARA** if you are allergic to parathyroid hormone or any of the ingredients in NATPARA.

What should I tell my healthcare provider before using NATPARA?

- **Before you start using NATPARA, tell your doctor about all of your medical conditions. Tell your doctor about all the medicines you take,** including prescription and over-the-counter medicines, vitamins, and herbal supplements.

What are the possible side effects of NATPARA?

- **NATPARA may cause serious side effects like allergic (hypersensitivity) reaction, including anaphylaxis.** Tell your healthcare provider or get emergency medical help right away if you have any of the following symptoms of an allergic reaction:
 - swelling of your face, lips, mouth, or tongue
 - breathing problems
 - fainting, dizziness, feeling lightheaded (low blood pressure)
 - fast heartbeat
 - itching
 - rash
 - hives
- **The most common side effects of NATPARA include:** tingling, tickling or burning feeling of the skin, low or high blood calcium, headache, nausea, reduced sense of touch or sensation, diarrhea, vomiting, pain in joints, too much calcium in urine, and pain in limbs.

These are not all the possible side effects of NATPARA. For more information, talk with your doctor. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit: www.fda.gov/medwatch or call **1-800-FDA-1088**.

If you have any questions regarding this patient, please contact me at:

(Physician's Signature)

(Practice Name)

(Physician's Name)

(Practice Phone Number)

Please see [Full Prescribing Information](#), [Medication Guide](#), and [Instructions for Use](#) for NATPARA.



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